

**HORSES AND HUMANS FOUNDATION (HHF) FACILITATES UNIVERSAL UNDERSTANDING AND APPRECIATION OF THE SIGNIFICANT INFLUENCE OF HORSES ON HUMANS.**

## **\$50,000 TO ST LOUIS UNIVERSITY RESEARCH PROJECT**

The Horses and Humans Foundation recently announced the recipient of its first ever grant award. The recipient team, led by Jack R. Engeberg, Ph.D., of St. Louis University, will use a quantitative method to research the effects of hippotherapy on patients with spastic diplegia cerebral palsy. The project was one of nearly thirty high level research proposals submitted to the foundation from seventeen states, twenty-one universities and three countries.



One of Dr. Engeberg's young subjects being fitted for video observation.

The purpose of the project is to determine if hippotherapy can improve head/trunk stability and upper extremity gross movement control in patients with cerebral palsy. The video analysis method proposed by Dr. Engeberg's team (which includes staff from Therapeutic Horsemanship Inc, Ride On St. Louis and Exceptional Equestrians of Merrimac Valley) may provide better assessment indicating the benefits of hippotherapy than other methods of analysis, such as clinical rating scales. The video analysis may also add a greater level of accuracy and repeatability to further support the effectiveness of hippotherapy treatment.

Subjects in the project will participate in a typical 12 week hippotherapy program. Outcome assessment testing will occur prior to the hippotherapy intervention, after completing it and again after an additional 12 weeks to assess any carryover effects. A horse movement simulator will be used during the assessments. The full proposal is posted at the HHF website.

## **HHF Receives Capacity Building Funding**

The William J. and Dorothy K. O'Neill Foundation of Cleveland, OH recently awarded HHF a grant of \$40,000 for capacity building purposes. The funding will be used for several important projects: a strategic planning session, organizational audit, an integrated software system, and developing a marketing program. As HHF continues through a very rapid growth period, these are especially critical areas of focus. The visionary support of **the William J. and Dorothy K. O'Neill Foundation** will ensure the highest quality development, and is deeply appreciated.

**The next round of EAA research applications is due on**

**June 30, 2007.**

The HHF Board extends our sincere congratulations to Dr. Jack R. Engeberg and his research team on their recently awarded grant. We are proud to be supporting your work!

[horsesandhumans.org](http://horsesandhumans.org)

Check our website for donation opportunities, grant information, and now featuring a copy of the awarded research project.

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*"If you see a friend without a smile, give him one of yours." Proverb quote*

## President's Perspective:

I recently learned that working in animal assisted therapies is considered to be #10 in the top ten largest growing careers. It is wonderful that more and more people are coming to value these therapies and are making careers in this field. These careers can become more professional and offer better pay as we develop a scientific body of knowledge around the phenomenon of the human-animal bond.



Horses and Humans Foundation promotes research in the field of Equine Assisted Activities and Therapies, EAA/T. From our earliest beginnings in Flagstaff, AZ, in May of 2002, it was believed that if we "offer the money, they will come." And now, for HHF's very first grant cycle, twenty-seven of them did come, from a broad geographical area and covering a wide range of therapies. It constantly amazes me the many ways that horses can be engaged to help so many different people!

There are many questions about EAA/T that need to be asked, and answers that need to be proven, but it now looks like we have a growing group of people that are up to the task. HHF is proud to be spearheading efforts that will lead to a better understanding and appreciation of the horse and human bond. We wish to thank all of you who have assisted us with your time, your encouragement and your money. We need your support more than ever now to continue our funding efforts through the years ahead. Then EAA/T just might become the #1 largest growing career.

-Molly Sweeney, Board President

## TAX BREAKS 101:

### GIFTING LONG-TERM APPRECIATED SECURITIES

Many find tax season to be so...taxing...that they hire an accountant to prepare their returns. Your accountant knows the breaks to help your bottom line most of the time, but may neglect to inform you of an exceptional way to simultaneously save you money while also greatly benefiting your favorite nonprofit - like HHF!

A lesser known method of receiving a tax break - often resulting in *more* tax savings while benefiting the charitable organization just the same - is gifting long-term appreciated securities (assets held for more than one year: could be stocks, bonds or mutual fund shares). The main reason to consider donating securities that have grown significantly in value instead of selling them is that you can avoid the capital gains tax *and* take a deduction of the full market value of the security (even if it was bought for significantly less).

To illustrate the difference, consider two donors in the same tax bracket, one who donates \$10,000 cash and the other who gives the same amount in stock shares. Both donors receive charitable tax savings, but the stock gift also saves an additional \$1,200 by avoiding the federal capital gains taxes (plus additional savings from any state capital gains taxes and transaction fees). The actual 'cost' to the donor for a stock gift donation is less than \$6,000, compared to \$7,200 for the cash gift.

As we move into tax season and re-connecting with the accountant, be sure to consider the stock gift possibility, because everyone will be a winner!

For more information on this topic, visit the HHF website, [horsesandhumans.org](http://horsesandhumans.org). *It is always advisable to verify your decisions with a legal advisor or accountant.*

*"It matters if you just don't give up." - Steven Hawking*

# Thank You to Our Generous Donors!

Our apologies for any errors in the following listing - please notify us if you are aware of any.

Adventures in Awareness, LLC  
Lasell Bartlett  
Janet Brown  
Alison Darrell  
Susan Dees  
Martha & Richard Dubensky  
Fieldstone Farm TRC  
Jane & Robert Fitzpatrick  
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Talbot Special Riders, Inc.  
Clare Thomas  
Thorncroft Equestrian Center  
William J and Dorothy K O'Neill  
Foundation

## Special Gifts:

Breana Bornhorst, in honor of Bruce and Margaretta Bornhurst  
Dana Butler, in honor of Anthony Busacca  
KC Henry, in honor of Pat Mullins  
KC Henry, in memory of Dr. John Carr  
Mary Vallier-Kaplan, in honor of Horsepower staff  
Sandra Wellford King, in honor of all the volunteers at Talbot Special Riders  
Brad & Terry Lewis, in honor of "Scintillating" Sara and "Proper Donut" Sasha  
William & Katherine O'Neill, in honor of Molly Sweeney  
William J and Dorothy K O'Neill Foundation, in honor of Molly Sweeney and all the work she has done for HHF

## CHALLENGE GRANT

**STILL ACTIVE!** An anonymous donor provided a generous \$500,000 matching challenge grant to the Horses & Humans Foundation in 2004. Now is the perfect time to make an investment in HHF, as every dollar donated will still be matched through this generous challenge. Please take a moment to contribute now!

## NEW HHF BOARD MEMBER

HHF is pleased to welcome Robert Crump to the board of directors. Mr. Crump is a partner at Walter & Haverfield LLP, Attorneys at Law, in Cleveland, Ohio. He was a founding trustee at Fieldstone Farm Therapeutic Riding Center in 1978, illustrating a decades long interest in Equine Assisted Activities. He has been president of the FFTRC board twice, and also serves as trustee on the the Therapeutic Riding Center Foundation. Mr. Crump holds a BA from Ohio Wesleyan University and a J.D. from Case Western Reserve University.



I will gladly support Horses & Humans Foundation. Enclosed is my check for \$\_\_\_\_\_.

Make the donation in honor/memory of: (name, occasion) \_\_\_\_\_

Please acknowledge my gift to: (name, address) \_\_\_\_\_

My Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

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Please make checks payable to  
**Horses & Humans Foundation**  
(a nonprofit, 501(c)3 organization)  
*Thank you  
for your support!*

*"Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes a goal." Pamela Vaull Starr*

# VISIONARIES CIRCLE

The *Visionaries Circle* is a group of forward-seeing investors who support the rigorous research goals of the Horses & Humans Foundation. Details of benefits and opportunities can be found at our website.

To continue support of EAA/T research we need support at the visionary levels (\$5,000 and up) as well as all other levels of giving. Please consider supporting the Horses and Humans Foundation today – Your gift can be designated toward research capacity building or endowment – and will be doubled through our matching grant opportunity.

A gift given in someone's honor (a program executive director or staff, a loved one, your board members...) is an excellent way to honor someone for the holidays (or any event!). We will send a letter to them acknowledging your thoughtful gift.

## Note Cards: In Time for the Holidays!



Full colored note cards (pictured at left in black and white) are now available for purchase!

100% of the purchase price goes directly toward research efforts of HHF.

\$10 per set.

Order yours at [horsesandhumans.org](http://horsesandhumans.org) today!

## Board of Directors

Molly Sweeney, Pres.

Patti Kortkamp, Secy.

Judith Lightfoot, Treas.

Robert Crump

Jane Fitzpatrick

Marjorie Kittredge

KC Henry, Project Director



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Chagrin Falls, OH 44022

ADDRESS CORRECTION  
REQUESTED

**MISSION: HORSES AND HUMANS FOUNDATION EXISTS TO FACILITATE UNIVERSAL UNDERSTANDING AND APPRECIATION OF THE SIGNIFICANT INFLUENCE OF HORSES ON HUMANS.**