

Horses and Humans Research Foundation (HHRF) supports scientific research that will increase awareness of the unique healing attributes of equine assisted activities, improve best practices in related therapy and learning programs, and result in increased support from insurers, professionals and the general community. Our work will make equine assisted activities/therapies more effective, affordable and accessible.

Thank you to all who make HHRF's work possible!

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Horses & Humans Research Foundation 2006

- ▶ Awarded \$50,000 grant to a team from the University of St. Louis (see opposite page)
- ▶ Received 32 funding applications from 17 states, 21 Universities and 3 countries
- ▶ Secured a grant of \$40,000 from the William J. and Dorothy K. O'Neill Foundation for capacity building (marketing/branding, strategic planning and an audit)
- ▶ Welcomed Bob Crump to the HHRF Board of Directors
- ▶ Increased number of donors by 100%
- ▶ Initiated an online newsletter and expanded the website
- ▶ Presented at five North American Riding for the Handicapped Association (NARHA) regional conferences and the Equine Facilitated Mental Health Association Annual Meeting at NARHA National Conference
- ▶ Call for proposals and educational outreach documents published in dozens of national online and print publications
- ▶ Implemented grant review process including screening, scientific review committee assessment and board review
- ▶ Implemented strategic planning process (to be completed in early 2007)

2006 Donors: THANK YOU

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Special Honors and Memorials
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Highland Farms Resources LLC, In honor of Molly Sweeney
Ms. Sandra Wellford King, In honor of the volunteers at Talbot Special Riders
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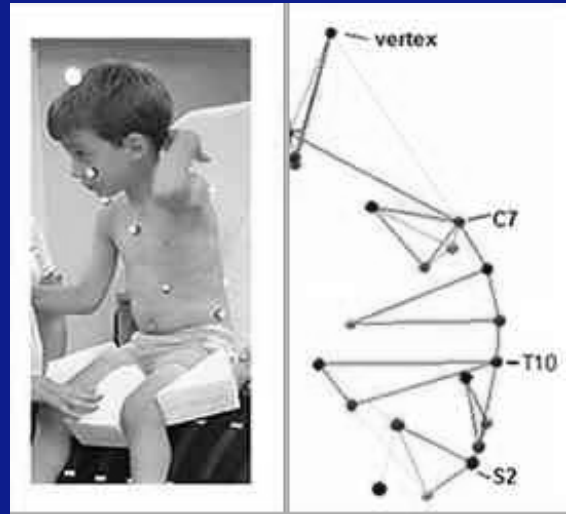
First HHRF Research Project Awarded



HHRF announced the recipient of its first ever grant award in 2006. The recipient team, from St. Louis University, will use a quantitative method to research the effects of hippotherapy on patients with spastic diplegia cerebral palsy. The project was one of nearly thirty high level research proposals submitted to the foundation from seventeen states, twenty-one universities and three countries.

The purpose of the project is to determine if hippotherapy can improve head/trunk stability and upper extremity gross movement control in patients with cerebral palsy.

Subjects in the project will participate in a typical 12 week hippotherapy program (through Therapeutic Horsemanship Inc, Ride On St. Louis and Exceptional Equestrians of Merrimac Valley). Outcome assessment testing, which will utilize a unique video analysis method and horse movement simulator, will occur prior to the hippotherapy intervention, after completing it and again after an additional 12 weeks to assess any carryover effects. The full proposal is posted at the HHRF website.



Ongoing outcome goals of the research HHRF supports:

- *Improve* best practices in all aspects of equine assisted activities/therapies (EAA/T)
- *Influence* industries that provide third party reimbursement to support EAA/T
- *Increase* the interest and support of medical and therapy professionals
- *Enhance* community financial support for all EAA/T programs
- *Increase* awareness of the unique benefits of EAA/T to all people in need

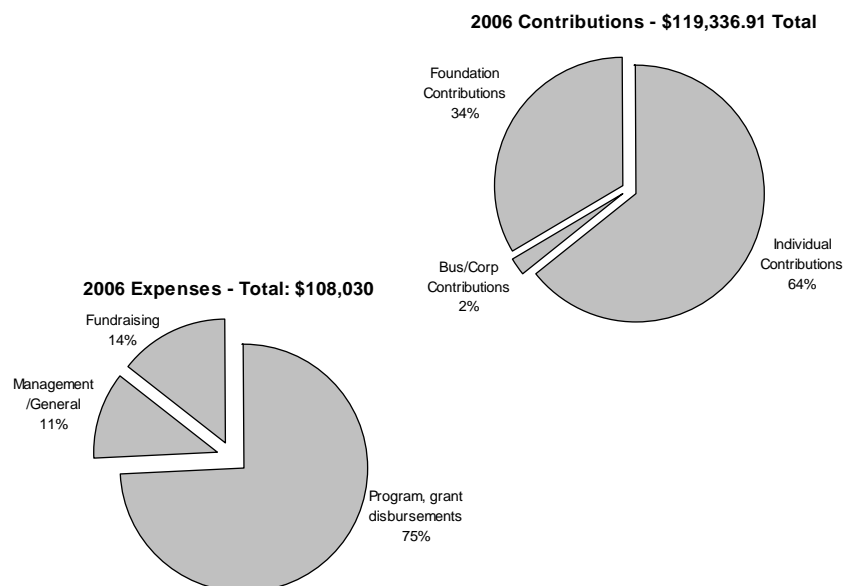
Research

Validation

Education

Contributions: The majority of income for 2006 was made up of individual contributions. A substantial grant from the William J. and Dorothy K. O'Neill Foundation was designated for marketing and capacity building. HHRF strongly encouraged equine assisted activities programs to donate to research activities, making up 100% of business/corporate contributions. All donations were matched by an anonymous matching challenge fund.

Expenses: Program expenses were primarily in the area of grant disbursements (\$50,000), marketing and outreach (\$3,790) and contracted program support personnel (\$21,700). As the organization matures, the percentage of expense for grant disbursements is anticipated to increase and the personnel and administrative expenses will decrease. Management/General and Fundraising consist primarily of contract staff expenses (\$10,800 each) in addition to supplies, insurance and smaller line items.



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