

The background of the slide is a solid green color. Overlaid on this background are dark silhouettes of various university buildings, including several prominent spires and domes, suggesting a campus setting.

Equine Assisted Service Research: Are We Making Progress?

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Baylor University

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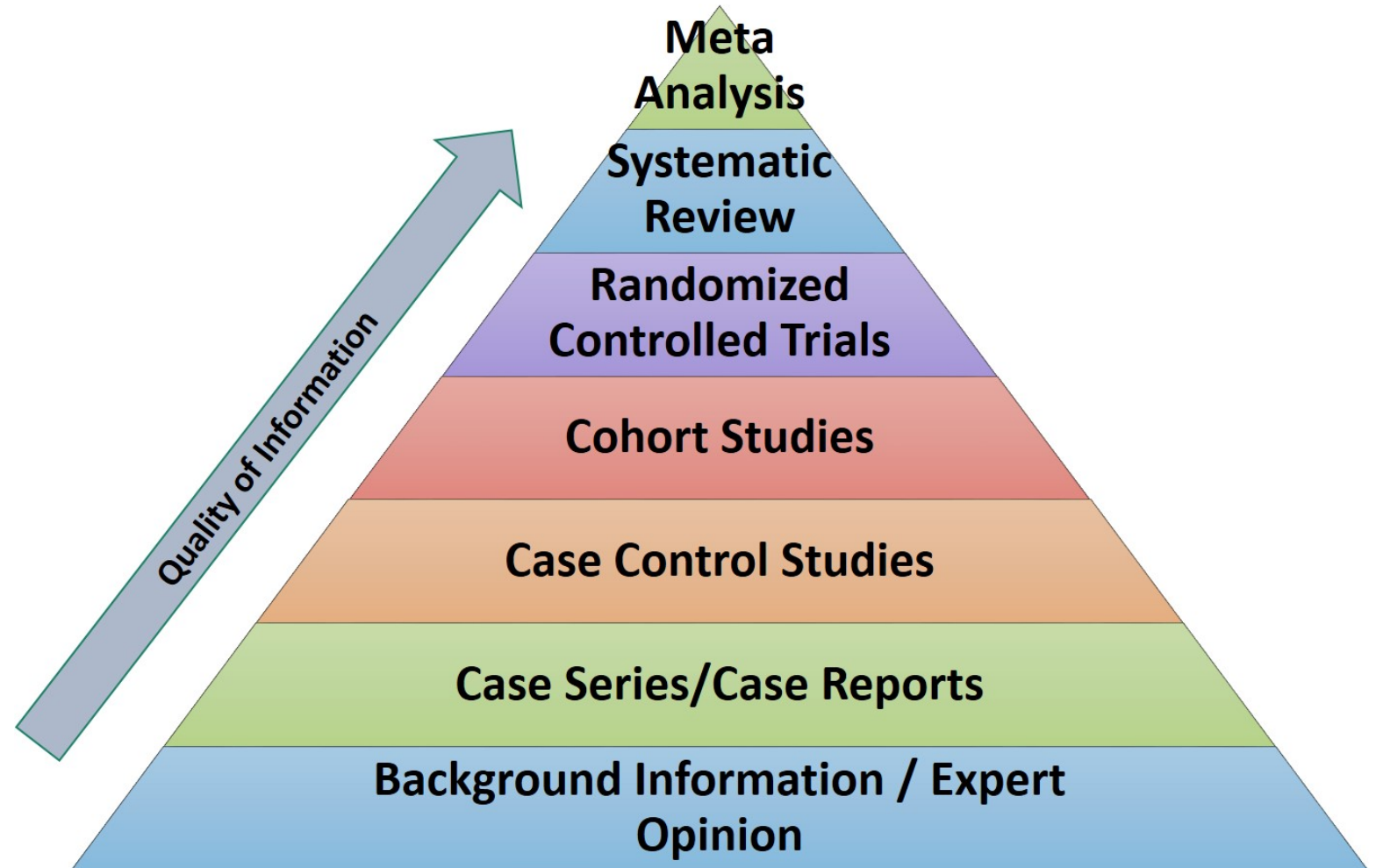
How do we gage progress?

How

What

Why

How? Level of Evidence



What? Mechanism of Change

Understanding the critical components of equine assisted services.



Using a
mechanical horse,
children with
autism, EEG

2022

2024

2021

2023

Continued MRI
study with
veterans.



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So..... what are we doing well and what do we need to consider in future research?

| Progress | Need to Consider |
|---|--|
| Moved from observation to clinical trials | Mechanism(s) of change |
| Published systematic reviews | Collaborative, large scale clinical trials |
| Included physiological variables | Theory based research |
| Introduced some theories | Stronger methodology |
| Improved funding | Replication and expansion |



Thank you!

Contact Information

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